

July 23, 2023 the sixteenth Sunday in Ordinary Time

St. Lawrence O'Toole & Sacred Heart Parishes



Mass schedule

St. Lawrence

Saturday Vigil

5:00, 7:30 pm (Spanish)

Sunday

8:00, 9:30, 11:00 am, 12:30 pm (Spanish)

5:30 pm

Monday-Friday

8:30 am

Rosary

7:45 am M-F

6:30 pm Monday on Zoom

8:30 am Saturday

Confessions

4:00 pm-7:00 pm M & F

Sacred Heart

Sunday

10:30 am

Daily Rosary

9:00 am

St. Lawrence Cemetery

Plots and cremation niches are available for purchase.

Cemetery office 845-279-2021 x201

call to schedule an appointment.

stlawrenceotoole.org

31 Prospect Street
Brewster, NY 10509
845-279-2021

sacredheartpattersonny.org

414 Haviland Drive
Patterson, NY 12563
845-279-4832

Instagram: [stlawrenceotoole_brewsterny](#)
[sacredheartchurch_pattersonny](#)

Facebook: St. Lawrence O'Toole
& Sacred Heart

Twitter: St. Lawrence O'Toole Church

YouTube: Saint Lawrence



Wheat & Weeds

AUGUST 25, 2023
GOLF OUTING
CENTENNIAL GOLF COURSE
185 JOHN SIMPSON RD, CARMEL, NY 10512

\$195 PER GOLFER
11:30 AM LUNCH & PUTTING CONTEST
12:30 PM TEE TIME

This year's event will benefit Brewster Cares, a not-for-profit, which provides so much for our local homeless and poor families. We're raising \$30,000 for the homeless shelter.



31

To help, contact: Jimmy King at
topjimmyking1@gmail.com or 203-856-1701
Register:
stlawrenceotoole.org/golfouting

BREWSTER  cares



st lawrence o'toole
sacred heart



July 23, 2023

while we're at it

Dear Friends,

Thanks for your patience as we do these important repairs and upgrades to our **St. Lawrence campus** – we had our parking disrupted for a few days as workers filled in cracks in the parking lot and resealed the asphalt and repainted the lines. We've put four of the five new handicap spots near the parish center and the rear entrance to the Church, making it easy to access the elevator either to the Church or the parish center. Soon the new statues will be up as well, and that will beautify our campus and create great spaces for prayer.

At **Sacred Heart**, we are still planning and scheduling for building out a new deck at the entrance to the Church, which will make access easier and create a patio for gatherings and fellowship. The timeline is to finish in August...

All of that is due to your good stewardship and generosity to our parish. Thank you so much.

Recently we've made improvements in our **St. Lawrence Cemetery** on Turk Hill Road, laying the foundations for 800 new graves. That will provide a beautiful place of rest in a Catholic atmosphere for all of us. Contact the office to reserve your place... we all need to plan ahead and not leave that for our loved ones to worry about. We celebrate Mass monthly for all the souls of those buried there, and every year on All Souls Day we have a Mass outside.

Gianna's House is up and running at 468 North Main Street and is committed to helping women in every way – materially, psychologically, and spiritually – to make the right choice to have their babies. We'll provide whatever it takes to help them. That's what a parish has to do if we want to be pro-life all the way. Thanks for your amazingly generous support for that ministry!



Reading the news is depressing. Religion is pushed aside in society, and we are at the fringe rather than at the center of the culture. While it is a cause for worry, it also offers us opportunities. What I mean is that when we are in the minority as we are now, it forces us to be more prophetic and missionary. We are in the role of "speaking truth to power", and bringing the light of the truth of Jesus's teachings into a dark world. It makes us better and sharpens our edge.

Of course, it often means rejection, indifference, and even persecution. But that's what Jesus predicted, isn't it? Bring it on.

God bless,

Fr. Richard

our vision Create a parish of missionary disciples whose personal relationship with Jesus Christ inspires others into a life-changing relationship with Him.



beat your summer slump with a fasting wakeup call

CECILIA PIGG

Two things have coincided in my life recently. First of all, intermittent fasting keeps popping up in conversations and on the news. And secondly, we've hit a summertime slump in our house. The thrill of warm weather and more free time has lost its late-May sheen. The days are humid and hot here, and by the afternoon my boys and I grow restless. I know I should just order us all outside to the sprinkler to burn off some idleness, but the prospect of extra sun and perspiration makes me reluctant to get up and move.

It turns out that this sluggishness is present in all aspects of my life. I have been dragging my feet to get to prayer in the evenings, dragging my feet to get to confession and Mass. I've had a few heavy conversations lately, hearing about the suffering people in my life are undergoing, and I just feel overwhelmed by it and stuck under the heaviness.

The wakeup call I needed - Well, I found a wakeup call that has gently scooped me up from the slump. And while I'm not out taking a daily jog, it at least has me on my feet feeling revived, instead of wallowing on the couch. The key to my revival is a tool I didn't think I'd revisit until Lent of next year: fasting.

This description of fasting by Pope Francis resonated with me, "Fasting wakes us up. It makes us more attentive to God and our neighbor. It revives our desire to obey God, who alone is capable of satisfying our hunger." In this same address, our Holy Father mentions that fasting will help you if "you are disturbed by the spread of iniquity in the world, you are concerned about the chill that paralyzes hearts and actions."

This message is spot on for me right now. I need to wake up with a focus reoriented away from myself and towards God and my

neighbor. And just when I am frustrated by the pain and sin I see around me, I have an antidote. Combining prayer with fasting is a Christian tradition tracing its way back to Jesus Himself. So, I brainstormed how to put this into action.

Types of fasting One way to fast is to **fast from food**. Intermittent fasting is quite popular currently as a way to live better — studies show it can help heart health, weight control, and overall well-being. I would like to try it sometime. But if you are pregnant or breastfeeding (or both!) any type of fasting from food is not the best idea.

Alternatively, if hangry is a word people use to describe you regularly, it might be a good idea to find a non-food fasting option out of charity for yourself and others. So, I turned to other ideas about how to fast.

Fasting from sadness to be filled with gratitude struck me, so I thought about practical ways to do that. I landed on writing down three things I was grateful for every day, and inviting everyone in my family to share something they were grateful for at dinner.

I have also heard from other people who recommended the different ways they fast. They **give up their smartphone** for certain periods of the day, **sleep without a pillow** some nights, or **eat foods that are good for their bodies** but not their personal favorite. Some people **fast from their favorite music or podcasts** on certain days of the week.

I've tried some of these ideas in the past weeks and have offered up that fasting for specific people. It has helped so much. I'm not sure why it is, but somehow, I feel more alive and less overwhelmed. The world's problems are still huge, but the tangible act of giving something up and replacing it with goodness has helped me stay grounded.

If you're looking for a spiritual sprinkler for your sluggish summer soul, fasting might be worth a try.



study: 60% of women who had an abortion did not really want it

J-P MAURO

A new study conducted by the anti-abortion Charlotte Lozier Institute is examining the opinions and experiences of women who have had abortions. The study, which was peer reviewed, surveyed some 1,000 women aged 41-45, and was released just weeks before the June 24 anniversary of the Supreme Court's decision to overturn *Roe v. Wade*.

When women with a history of abortion were asked if abortion was consistent with their values or preferences, 70% said it was not. Furthermore, a quarter of respondents who underwent the procedure (25%) described their abortions as "unwanted or coerced." Broken down, 33% said they wanted their abortion, 43% felt inconsistent about their abortions, 14% said their abortions were unwanted, and 10% said they felt coerced.

The majority of women who had abortions said they felt there were no other options at the time. They cited a lack of financial or social support as the reason why they went through with it. The authors of the study wrote that "60% would have preferred to give birth if they had received either more emotional support or had more financial security."

Overall, one in four women who took the survey reported a history of abortion, which is consistent with the national average. The study's authors noted that the participation rate in the Lozier study was almost three-times higher than that of the "Turnaway Study" conducted by an abortion advocacy group,

which purported to find almost universal satisfaction with the decision to abort, despite also finding high levels of regret, sadness, guilt, and anger."

It was also found that women who reported wanting their abortion were the only group who reported any mental health benefits or a net gain in positive emotions from their abortions. Every other group reported more negative emotions and a decline in mental health after their abortions. The authors recommended more social support, from both individuals and society, in terms of financial assistance for those women who are at greatest risk of unwanted abortions. This, they suggest, would allow them "to make choices more in line with their own personal values and preferences."

next step
turn to
HOPE

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and their families find
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pregnancy.

giannashouse.com
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845-279-8165



teen camps

CAMP VERITAS

August 12-17 in Glen Spey, NY.

Fee: \$500

TO SIGN UP for either camp or for more information contact: Trisha at slottrisha@gmail.com or Gabby at gabbyr964@gmail.com for more information.



Scan the QR code to see what camp Veritas is like!



From Mourning to Joy Bereavement Program

Saturdays, 9:00 am – 11:00 am

PARISH CENTER, BOARDROOM

For information email: slotbereavement@gmail.com or call Pura Melendez 914-672-5186

Session 1, July 29th - Is This Normal?

- Life is normal for everyone else...
- Am I losing my mind?
- The pain won't last.
- Lean into your grief.

Ecclesiastes 4:9-10

Two are better than one: They get a good wage for their toil.



ON THE BOARD WALK FAMILY FUNDAY

Open to all parents and children in Southeast & Patterson.

SCAN TO REGISTER



Aug 6

2 pm-6 pm

Brewster Elks

Rt 22, Brewster

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This week's top stories

- Fixing the Working-Class Problem in the Catholic Church
- Mother Cabrini And The Eucharist:
A New Exhibit At St. Frances Cabrini Shrine NYC
- Cardinal Dolan Speaks to Winner of 2023
Religious Liberty Essay Contest

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NYS Eucharistic Congress

October 20-22, 2023
Our Lady of Martyrs Shrine, Auriesville, NY

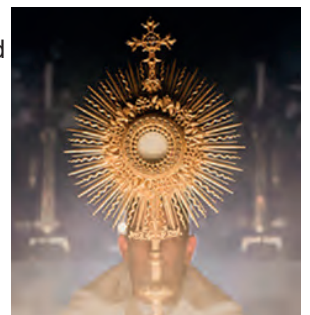


EVENTS INCLUDE:

- Mass with Cardinal Dolan and NY Bishops
- Confessions
- Great Speakers!
- Eucharistic Adoration and Procession

Whether you're a lifelong Catholic or just beginning to explore the faith, the NYS Eucharistic Congress is an event not to be missed.

Join us on Saturday, **Oct. 21st** for a day of prayer, reflection, and community as we celebrate the heart of our faith at **Our Lady of Martyrs Shrine in Auriesville, NY**. There will be Mass, knowledgeable speakers who will delve into the deep meaning of the Eucharist, and talented musicians who will lead us in worship. With plenty of time for personal reflection and adoration, you'll leave feeling renewed and refreshed. **Don't wait**—register today for this life-changing event!"



Buses will be leaving from Sacred Heart and St. Lawrence at **6:45 am and returning around 10 pm.**

REGISTER at stlawrenceotoole.org/NYS_EC
\$25 per person

pray for

Please remember our brothers and sisters in the Lord who have asked for prayers:

Ted Rozzi ◦ Joe Piteo ◦ Julie & Jullianna Sejfijaj ◦ Thomas Blackman ◦ Luca Gargiulo ◦ Francine O'Connor ◦ Angel Piteo ◦ Joseph J. Piteo III ◦ Tom Garrity ◦ Mike Debeauvernet ◦ Kelly Guzman ◦ Chris Greene ◦ Thomas Cople ◦ Eddie Dabrowski ◦ Gail Rampolla ◦ Vincent Ritell ◦ Jeanna Petrillo ◦ Pattie Sutton ◦ Morgan Worthington ◦ Jim Morgan ◦ Michael Taylor ◦ John Byrne ◦ Ronald Longobardo ◦ Albert Distefano, Jr. ◦ Donna Sweeney ◦ Kathleen Othouse ◦ Joan Williams ◦ Shirley McKeon ◦ Helen & John McCabe ◦ Suzanne Yaremko ◦ Victor Opromolla ◦ Bea Jacobsen ◦ Grace Pontecorvo ◦ Victor Anderson ◦ Daniel Dwyer ◦ Erin Gagarin ◦ Gail Sullivan ◦ Kevin Palmer ◦ Jennifer Palmer ◦ Thomas Palmer ◦ Mary Carter ◦ William Barfield ◦ Garry Katen ◦ Laurie Muller ◦ Dena A Figura ◦ Joe Turturro

Names will remain on the Prayer List for 90 days and then will be transferred to the prayer list in the Adoration Chapel. To add names to or remove names from the Prayer List, please email: SLOT.SH.Office@gmail.com

dedications

St. Lawrence O'Toole

The **Pascal Candle** is dedicated for **Elizabeta Novosel** at the request of Gabe Novosel.

The **Tabernacle Candle** is dedicated for **Michael Keegan** at the request of Geraldine and girls.

Sacred Heart

The **Sanctuary Candle** is dedicated for **Deceased of the Merlotto & DiSarro Families** at the request of Marianne Merlotto.

mass intentions

Saturday, July 22

5:00 PM
7:30 PM

Patrick & Kathleen Stokes
Spanish

Sunday, July 23

8:00 AM
9:30 AM
10:30 AM *Sacred Heart*

George Taranto
Michael Keegan
Edward Richardson &
Silvio Maron
Mary Mitchell
Spanish-Judy McDermott
Vincenza Pilla

11:00 AM
12:30 PM
5:30 PM

Monday, July 24

8:30 AM

Anne Clifford

Tuesday, July 25

8:30 AM

Judy McDermott

Wednesday, July 26

8:30 AM

Francine O'Connor

Thursday, July 27

8:30 AM

John McDonnell

Friday, July 28

8:30 AM

Michael J. Duff

Saturday, July 29

5:00 PM
7:30 PM

Linda Osmon
Spanish

Sunday, July 30

8:00 AM
9:30 AM
10:30 AM *Sacred Heart*

Patrick & Kathleen Stokes
Kenny Holler
Judy & Mike McDermott &
the McGough Family
John & Lee Santorelli
Spanish
Vincent LaMorte

11:00 AM
12:30 PM
5:30 PM



LIFE TEEN
Leading Teens Closer to Christ

LifeTeen is back!

LifeTeen is nights just for high schoolers. Every Wednesday night we will be building community, having fun, and learning about the faith.

LIFE TEEN • July 26th
6:30 pm-8:00 pm - new church parking lot.

LifeTeen will continue every Wednesday night from 6:30 pm -8:00 pm outside the parish gym.



LYNDA HOLLER
DIRECTOR OF DISCIPLESHIP

In the Ordinary – Bold Friendship

July 29th is the Feast Day of Saints Martha, Mary, and Lazarus, the siblings from Bethany who were good friends of Jesus. They appear in the Gospels in at least two significant places, teaching us important lessons. Mary and Lazarus have mostly silent roles, but Martha always speaks out boldly to Jesus. Clearly, she was a close friend who wasn't afraid to demand help and compassion from Him.

In reading the Gospel for the feast day, John 11:19-27, I recognized an important parallel that I had never noticed before. Jesus came to Bethany because he had learned that Lazarus had died. Martha went to meet Him and after a powerful dialogue with Jesus, she says these words, "Yes, Lord, I have come to believe

that you are the Christ, the Son of God, the one who is coming into the world." Sound familiar?

When Jesus took his disciples to Caesarea Philippi and asked them, "Who do you say that I am?" Peter replied, "You are the Messiah, the Son of the living God." Almost the same exact words as Martha. Yet to Peter, Jesus replied, "Blessed are you, Simon son of Jonah. For flesh and blood has not revealed this to you, but my heavenly Father." I believe that these are the only two people recorded in the Gospels to have made that proclamation and we can confidently acknowledge that Martha's words were revealed to her by the Father too.

Jesus' response to Martha is not recorded and chronologically Martha may have said it first. But Peter is asked to become the first leader of Christ's Church and we have no idea what Martha goes on to do. Most likely she continued to tend her house and serve others behind the scenes. I am sure that is not a slight to Martha. In fact, it elevates the value of her life's work of menial service to that of the Pope. Confirming that all of the work that God calls us to do is equally important in his Kingdom.

Scripture: Read John 11:1-27. Reflect on Martha's bold dialogue with Jesus.

Call to Action: Speak boldly to Jesus when you pray and trust that the Holy Spirit will inspire you to serve Him in the ordinary.

parish support

At the time of print the collection numbers were not available.

Note: Regardless of whether you attend St. Lawrence or Sacred Heart, for convenience on a particular weekend, be assured your collection envelopes will be returned to the parish in which you are registered.

centennial renovations

June	
Gold Envelopes	\$ 2,295
Other Centennial II Gifts	\$ 0
WeShare	\$ 709
TOTAL	\$ 3,004

scholarship winner

The St. Lawrence O'Toole Knights of Columbus chapter 1495 Congratulates **Alexa McCormack** as this year's recipient of our yearly \$1,000 scholarship on behalf of the Monsignor McCabe Scholarship Committee. The McCabe Scholarship Fund will continue to support each winner for every year they are in a Catholic High School and maintain a B or above average.

She will be joining last year's winner, and her brother Tristan, at Our Lady of Lourdes High School in the fall. Let's congratulate Alexa and pray for her continued success and growth in school and in the Catholic faith.

parish staff

- Rev. Richard Gill.....Pastor
- Fr. Osvaldo Hernandez.....Parochial Vicar
- Fr. Jim Lynch, MM.....Weekend Associate
- Julie Noce.....Pastoral Assistant
- Maureen Herbstritt.....Business Manager
- Lynda Holler.....Director of Discipleship
- Sally Silvestro.....Director of Communication
- Beatrice Jacobsen.....Director of Evangelization
- Sara Ramones.....Director of Youth and Faith Formation
- Brittany Gauriloff..Director of Early Childhood Learning Center
- Denise Bassett.....Director of Music
- Melody Salas-CurraSacred Heart Director of Music
- Gabriela Ramirez.....Office Assistant
- Savannah DeFelice.....Family Life Coordinator
- Trisha ThienDirector of Youth Faith Formation
- Janine Kristensen.....Administrator
- Karen DiTarantoDatabase Administrator
- Danielle Salvo.....Early Childhood Assistant
- Eileen Stokes.....Cemetery Administrator
- Tom Healy.....Parish Trustee
- Joe Massimo.....Parish Trustee

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